

CVB ALZV 2026: Session: 1: Startlist per athlete for TEAM: ZIOS

Coachinfo: Warming up from: 13:00 untill . Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Houtevelt Kyllian

Coaches: Cobbaert Griet HEADCOACH

PB => Personal Best time

Athlete: ANCOLET LAURE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BACKSTROKE WOMEN 11+	5	2	4	01:46.23	no time	14:56 01:49
50M FREESTYLE WOMEN 11+	11	2	3	00:40.94	no time	16:45

Athlete: ANCOLET MATS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MEN 11+	6	8	4	00:31.71	no time	15:29 01:40
100M BACKSTROKE MEN 11+	12	6	5	01:24.89	no time	17:09

Athlete: ASSELMAN JEFF

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MEN 11+	6	6	4	00:34.41	no time	15:27 01:37
100M BACKSTROKE MEN 11+	12	4	1	01:38.16	no time	17:04

Athlete: DE BISSCHOP LISSE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BACKSTROKE WOMEN 11+	5	8	3	01:22.09	01:25.40	15:12 02:10
100M BUTTERFLY WOMEN 11+	13	4	4	01:22.87	01:27.94	17:22

Athlete: DEROOST BEAU

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M MEDLEY WOMEN 11+	2	2	5	06:09.82	06:07.70	14:11 02:41
50M FREESTYLE WOMEN 11+	11	9	3	00:30.39	00:30.53	16:52

Athlete: FAHY EMMA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BACKSTROKE WOMEN 11+	5	4	2	01:40.19	no time	15:01 01:46
50M FREESTYLE WOMEN 11+	11	4	2	00:37.51	no time	16:47

Athlete: FAHY JULIE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BACKSTROKE WOMEN 11+	5	3	1	01:44.23	no time	14:59 01:48
50M FREESTYLE WOMEN 11+	11	4	4	00:37.51	no time	16:47

Athlete: HEREMANS DITTE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M MEDLEY WOMEN 11+	2	2	1	no time	no time	14:11

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02:41

50M FREESTYLE WOMEN 11+	11	9	1	00:31.80	00:33.14	16:52
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Athlete: LANDRIEU NORA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M MEDLEY WOMEN 11+	2	2	3	05:37.45	05:42.65	14:11 02:42
50M FREESTYLE WOMEN 11+	11	10	4	00:28.87	00:28.69	16:53

Athlete: LUBOWICKI ADA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MIXED 10-9	1	3	1	no time	no time	14:02 01:38
200M BACKSTROKE MIXED 10-9	7	3	3	no time	no time	15:40

Athlete: LUBOWICKI OLIVIER

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BUTTERFLY MEN 11+	3	4	5	01:17.27	01:22.84	14:25 02:13
200M FREESTYLE MEN 11+	9	6	3	02:22.28	02:35.56	16:38

Athlete: TURF SANDER

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MEN 11+	6	9	3	00:28.59	00:29.10	15:30 02:03
400M MEDLEY MEN 11+	14	2	4	05:46.68	no time	17:33

Athlete: VAN DER POORTEN ELIEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BACKSTROKE WOMEN 11+	5	1	4	no time	no time	14:53 02:23
100M BUTTERFLY WOMEN 11+	13	1	3	01:46.93	no time	17:16

Athlete: VAN HOUCKE QUINTEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BUTTERFLY MEN 11+	3	4	1	01:19.28	01:32.32	14:25 03:02
400M MEDLEY MEN 11+	14	1	2	06:26.59	no time	17:27